

# LOCAL AREA NETWORK 2

Date: May 5, 2026

## Attendance:

Krystle Yarber, Jessica Palazzolo, Misty Eftink, Rachel Watson, Denise Bourland, Sue Thom, Halie Ragan, Mel Dotson, Alissa Miller, Shae Davidson, Lindsay Jennings, Amy Tripp, Yolanda Hudson, Leanett Lovell, Angela Colby-Jackson, Holly Kotner, Megan Johnson, Megan Ragan, Chloe Hopkins

## Approval of Meeting Minutes:

Jessica Palazzolo made motion to approve last month's meeting minute, and Yolanda Hudson seconded it. All Aye.

## Upcoming Community Events/Trainings/Flyers:

- **Sue Thom- Southern IL Center for Independent Living – Flyer Below**
  - Personal Care Assistant Training
    - May 28, 2026, from 1-3p, 32 Veterans Drive, Harrisburg, IL 62946
  
- **Alissa Miller – YouthCare – Presentation below**
  - Farmers Market in Eldorado, if anyone stops by and speaks with YouthCare/Meridian they will get a \$15.00 food voucher to use at the farmers' market.
    - I will not be present at this one, but I will be present at the one in the fall.
  
- **Angela Colby-Jackson – SIRAC – Flyers below**
  - Block Party
    - June 12, 2026, from 11a-1p @ 404 E. Vine St., Vienna, IL (SIRAC Vienna Office) All Families welcome
  - Respite Night
    - May 23, 2026, from 3p-7p @ 301 First St., Carmi, IL
    - Pre-registration is required, please see flyer with QR code.
    - If you need transportation, please reach out to 223-244-2597
  
- **Holly Kotner – Egyptian Health Department – Flyer below**
  - Instead of doing a Mental Health block party this year we are doing a “Be Seen in Green” campaign. We ask that you wear green on **Thursday May 7, 2026**. If you would like to take a photo and share, please send to Holly Kotner @ hkotner@egyptian.org

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Date: May 5, 2026

- **Jessica Palazzolo – Lincoln Prairie – Flyer below**
  - **Intersectipon of Trauma, Mental Health & Substance: Impacting Youth Development**
    - **May 12, 2026 @ 1pm – 2pm** via ZOOM
    - Presented by Dr. Matt Buckamn
      - <https://lp.constantcontactpages.com/ev/reg/k68jimbz>
- **Halie Ragan – Hamilton Co. Hospital – Flyers below**
  - **Community Health Fair**
    - **May 29, 2026, from 9a-2p @ 611 S. Marshall Ave., McLeansboro, IL**
  - **Community Connections**
    - Saturday Learn & Burn
    - Lunch & Learns
    - Food Truck Fridays
  - **Lunch & Learn**
    - **May 19, 2026 @ 11am**, located @ HMHD Cafeteria, 611 S. Marshall Ave., McLeansboro, IL

**Goals/Needs:**

- In-Person Meeting for Fall 2026 – Will revisit in September to plan one in October

**Contacts:**

<b><u>Name</u></b>	<b><u>Location</u></b>	<b><u>Email</u></b>
Krystle Yarber	Egyptian Health Department	kyarber@egyptian.org
Jessica Palazzolo	Lincoln Prairie	jessica.palazzolo@UHSINC.com
Misty Eftink	Egyptian Health Department	meftink@egyptian.org
Rachel Watson	WADI	rwatson@wadi-inc.com
Denise Bourland	Egyptian Health Department	dbourland@egyptian.org
Sue Thom	Southern IL Center for Independent Living	sthom@sicil1.org
Halie Ragan	Hamilton Co. Hospital	hragan@hmhospital.org
Mel Dotson	Egyptian Health Department	mdotson@egyptian.org
Alissa Miller	YouthCare	alissa.miller@mhplan.com
Shae Davidson	Survivor Empowerment	outreach@empoweringsurvivors.org
Lindsay Jennings	Knight Sheild	lindsay.schroeder@thenightsshield.org
Amy Tripp	DCFS	amy.tripp@illinois.gov
Yolanda Hudson	YouthCare	Yolanda.Hudson@mhplan.com
Leanett Lovell	Carmi Schools	llovell@carmischools.org
Angela Colby-Jackson	SIRAC	ajackson@siresources.org
Holly Kotner	Egyptian Health Department	hkotner@egyptian.org
Megan Johnson	Egyptian Health Department	mjohnson@egyptian.org
Megan Ragan	SIRAC	mragan@siresources.org
Chloe Hopkins	Regional Office of Education #20	chopkins@roe20.org

# LOCAL AREA NETWORK 2

Date: May 5, 2026

## Presentation:

- Alissa Miller & Yolanda Hudson– IL YouthCare & Benefits – **Presentation below**

If you would like to do a presentation, please contact Krystle Yarber @ [kyarber@egyptian.org](mailto:kyarber@egyptian.org)

## Adjournment:

Jessica Palazzolo Motioned to adjourn, Leanett Lovell seconded. All Aye!

**\*\*To view the meeting minutes please go to <https://www.localareanetwork2.org/> \*\***

**Our next monthly meeting will be June 2, 2026 @ 9:00am**

**\*\*\*The ZOOM link is provided below. \*\*\***

# LOCAL AREA NETWORK 2

Date: May 5, 2026

Join Zoom Meeting

<https://us02web.zoom.us/j/6018470310>

Meeting ID: 601 847 0310

Password: 04032629

One tap mobile

+13126266799,,6018470310#,,1#,04032629# US (Chicago)

+13017158592,,6018470310#,,1#,04032629# US (Germantown)

Dial by your location

+1 312 626 6799 US (Chicago)

+1 301 715 8592 US (Germantown)

+1 646 558 8656 US (New York)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

Meeting ID: 601 847 0310

Password: 04032629

Find your local number: <https://us02web.zoom.us/u/keAH054lh2>

\*\*\* If anyone has any flyers or information that you would like to have sent out in the LAN e-mail announcement or would like to present, please send them to Krystle Yarber at [kyarber@egyptian.org](mailto:kyarber@egyptian.org) by the third Monday of the month. \*\*\*

*Minutes by Krystle Yarber*

# LOCAL AREA NETWORK 2

Date: May 5, 2026

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## What's Your Parenting Superpower?

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MENTAL HEALTH NEWSLETTER



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### Superpowers Within You

Parenting can be hard and stressful. We often find ourselves being stretched beyond what we thought possible, but did you know you have natural superpowers within you?

#### Requiring Help with Daily Chores

If kids aren't doing the dishes, someone is doing it for them. Teaching responsibilities helps children learn contribution and independence. It fosters accountability for the household and prepares them to take initiative.

#### Showing Empathy

"Snow-plow" parenting is parents who micromanage to prevent failure. Although their intentions are good, this type of parenting limits their ability to develop critical coping skills. Instead, show empathy while allowing safe failures. This approach prepares kids for real-world challenges rather than shielding them.

#### Listening

As children develop their self-identity, parents should listen, not control. Avoid "fixing" problems for them. By listening without offering advice, kids learn to problem-solve independently, building confidence without fear of criticism or shame.

#### Encouragement

A Stanford University study in 2021, showed parents who encourage exploration raise kids with better emotional regulation, confidence, self-regulation, and independence.

#### Caregiving

Attentive parenting, especially in the first three years boosts academic success and relationship skills. Establishing early parent-child relationships result in long-term benefits.

# LOCAL AREA NETWORK 2

Date: May 5, 2026

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## MENTAL HEALTH NEWSLETTER

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### Super Parenting Phrases

Do your conversations with your child feel stuck on repeat? Like:

**Parent - "How was school today?"  
Child - "Fine"**

Sometimes the smallest changes can open doors to deeper conversations.

**"What was a hard part of your day?"  
"What made you smile today?"**

Encourage your child to express feelings, not just seek approval.

**"How do you feel about your decision?"**

Turn reminders into questions to build independence and responsibility.

**"What is your plan for \_\_\_\_\_?"**

When your child asks serious questions, explore their curiosity. This approach provides a good opportunity to connect with your child.

**"Why do you ask?"**

Communication is a parent's superpower - level it up with these simple shifts!

*"At the end of the day, the most overwhelming key to a child's success is the positive involvement of the parents."  
- Jane D. Hull*

### Protective Factors

Small everyday actions have been shown to make a difference with children. Parents are a key protective factor for their children and increase the likelihood for children to thrive.

Building a strong connection is vital to support children during crises. A few ideas include:

- Engage in problem-solving conversations
- Show interest in your child's passions
- Ask questions and guide children in conversation

Other protective factors include having accurate knowledge of child development and age-appropriate expectations.



Understanding Your Child's  
Emotional Development: 5-10  
Years of Age

[Begin Course](#)

**Take a no-cost course at [ParentGuidance.org](https://www.parentguidance.org)**

Take this course to understand key challenges in children, with additional courses for ages 11-14, 15-18, and 19-22

For helpful parenting resources visit: [ParentGuidance.org](https://www.parentguidance.org)



For works cited, view the newsletter online

# LOCAL AREA NETWORK 2

Date: May 5, 2026

## WHAT IS SICIL?

The Southern Illinois Center for Independent Living (SICIL) is a community based, non-profit organization that is staffed by several people with disabilities and also serves individuals with disabilities.

SICIL operates according to a strict philosophy of consumer control, wherein people with various types of disabilities directly govern and plan how our agency assists persons with disabilities.

### Personal Assistant Training

- Training provided to caring individuals to assist people with disabilities with activities of daily living
- Flexible work hours
- Earn \$19.50 an hour
- Training and Certification provided free of charge

Thursday, May 28, 2026

In-Person @

Southern IL Center for Independent Living

32 Veterans Drive

Harrisburg, IL 62946

1:00 pm - 3:00 pm

(Please provide references)

Offered in person or

Call to schedule

For more information call Sue Thom at (618) 252-7233

\*\*\*Training does not guarantee employment\*\*\*

# LOCAL AREA NETWORK 2

Date: May 5, 2026



## COMMUNITY CONNECTIONS



### SATURDAY LEARN AND BURN

Join Dr. Brian Sloan on the 4th Saturday of each month at the Hamilton County High School track for a fun morning of movement and education. No RSVP needed!



### LUNCH AND LEARN

Join us on the Tuesday before Learn and Burn each month to hear from a provider on various health related topics while enjoying a catered lunch, free of charge! RSVP to 618.643.5859



### FOOD TRUCK FRIDAYS

Join us in the parking lot on the Friday of each Community Connections Week for Food Truck Fridays! We will bring in different food trucks each month to provide a fun option for a Friday lunch! (Seasonally)

QUESTIONS ABOUT THESE OR ANY SERVICES AVAILABLE?

CALL COMMUNITY CONNECTIONS AT 618.643.5859



VISIT OUR WEBSITE FOR MORE  
[WWW.HMHOSPITAL.ORG](http://WWW.HMHOSPITAL.ORG)



FIND US ON FACEBOOK:  
HAMILTON MEMORIAL  
HOSPITAL

# LOCAL AREA NETWORK 2

Date: May 5, 2026



Hamilton Memorial  
HOSPITAL DISTRICT

## COMMUNITY HEALTH FAIR



FRIDAY  
MAY 29, 2026

611 S. MARSHALL AVE  
MCLEANSBORO, IL  
62859



9:00 AM TO  
2:00 PM

Join us for a fun and informative day focused on your health and wellness!

- ✓ Educational booths featuring local health organizations
- ✓ Opportunities to learn about wellness, prevention, and resources
- ✓ Food truck and lemonade stand on-site
- ✓ Event is free and open to the public



Take a step toward a healthier you!

For more information, reach out to Halie Ragan  
at 618.643.2361 Ext. 2008 or at [hragan@hmhospital.org](mailto:hragan@hmhospital.org).



# LOCAL AREA NETWORK 2

Date: May 5, 2026



Featuring Guest Speaker  
Tiffany Cox from



## Techniques for Managing Anxiety

 Date & Time:

**Tuesday, May 19**  
At 11:00AM

 Location:

**HMHD Cafeteria**  
611 S. Marshall Ave. McLeansboro

 **RSVP:**

Seating is limited, call 643.5859 to reserve your place by May 18!

# LOCAL AREA NETWORK 2

Date: May 5, 2026



# Respite Night

**MAY 23,  
2026**

301 First St.  
Carmi, IL.

3PM - 7PM

**Reach out for  
transportation  
requests**

223-244-2597

Safe and fun environment  
Qualified staff and  
volunteers  
Engaging activities provided

**Pre-registration is  
REQUIRED**



LOCAL AREA NETWORK 2

Date: May 5, 2026



SCHOOLS OUT!

# B.R.I.C.K. BLOCK PARTY

Join us for food and games

June 12, 2026

11:00 AM - 1:00 PM

404 E Vine St, Vienna IL.

**SIRAC VIENNA OFFICE, ALL FAMILIES WELCOME**



# LOCAL AREA NETWORK 2

Date: May 5, 2026



## MAY 2026

# iHub News!

### May Bucket List

#### Upcoming Events:

- WRU-WELLness Expo, Downtown Carmi-** May 1st 9am-1pm
- Life on the Illinois Frontier, Saline Creek Pioneer Village & Museum in Harrisburg-** May 2<sup>nd</sup> from 11 am-2pm
- Movie Night, Harrisburg Amphitheater-** May 8<sup>th</sup> from 8pm
- Broken to Blessed Event, Harrisburg Park-** May 9th from 12-4pm
- Free Laundry Day, Southern Illinois Laundry, Harrisburg-** May 11<sup>th</sup> from 2-6pm
- Book Walk Event, Galatia Community Park-** May 11<sup>th</sup> from 3pm-6pm
- Eldorado Farmers Market, In the Courtyard 5 Way-** May 16<sup>th</sup> and 30<sup>th</sup> from 8am-12pm
- Free Laundry Day, ROC 1 Laundromat, Eldorado-** May 21<sup>st</sup> from 2-6pm
- Hamilton Memorial Community Health Fair, Hamilton County Hospital-** May 29<sup>th</sup> from 9am-2pm

**Celebrate your mom.** Mother's Day is almost here! Celebrate your mom by cooking her a homemade brunch or treating her to a thoughtful handmade gift.

**Plan an outdoor scavenger hunt.** After being cooped up all winter, what kid wouldn't love heading outside for an awesome nature scavenger hunt? This is a fun, low effort activity that you can do in your backyard, neighborhood, or at a nearby park.

**Plant a flower bed or garden.** It's the perfect time of year to plan your dream garden! Begin by plotting it out and starting seeds or ordering plants. If you're inexperienced, start small with a container of herbs or with a flower bed.

**Celebrate National Teacher Appreciation Day.** Honor your teachers on the Tuesday of the first full week in May! Write how thankful you are, and that you appreciate what your teacher does. Then leave it on their desk so they can read it later.

**Fly a kite.** Flying a kite is a classic springtime activity for a reason ... it's sure to bring a smile to your face, whether you're a kid or an adult!

**Plan a Star Wars-themed day.** In case you didn't know, May 4th is Star Wars Day! If you're a fan, it's the perfect time to enjoy a movie marathon with your family or maybe even plan a party. However, you celebrate, May the fourth be with you!

**Read a book outside.** Make the most of a gorgeous day by taking your book outside! Choose somewhere comfortable like your porch, an outdoor cafe, or grab a blanket and head to the park.

**Celebrate Memorial Day.** Held on the last Monday of May, Memorial Day honors military personnel who died in service. Try attending a local parade or event to show support to service members and veterans.

// **iHUB 618-518-4482**  
**villageinck@egyptian.org**



SCAN ME

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# LOCAL AREA NETWORK 2

Date: May 5, 2026

EGYPTIAN HEALTH DEPARTMENT

# BE SEEN IN GREEN!

**MORE GOOD DAYS, TOGETHER**

May is Mental Health Awareness Month. We invite your school to help raise awareness and reduce the stigma on seeking treatment for mental health by wearing green. Together, we can foster a community of acceptance and health.

So we can all have more good days, *together*.

Please join us in wearing green on

**MAY 7, 2026**

Want your photo shared on our facebook? Send to Holly Kotner  
at [hkotner@egyptian.org](mailto:hkotner@egyptian.org)



# LOCAL AREA NETWORK 2

Date: May 5, 2026

## LAN PRESENTATIONS 2026

MONTH	TOPIC	PRESENTER	CONTACT INFORMATION
JANUARY	SIRAC	Megan Ragan	mragan@siresources.org
FEBRUARY	No presenter	No presenter	No presenter
MARCH	No presenter	No presenter	No presenter
APRIL	Guardian Center	Sheryl Woodham Mikaila Moore Julie Beal	swoodham@theguardiancenter.org mmore@theguardiancenter.org jbeal@theguardiancenter.org
MAY	IL YouthCare & Benefits	Alissa Miller Yolanda Hudson	alissa.miller@mhplan.com Yolanda.Hudson@mhplan.com
JUNE	No presenter	No presenter	No presenter
JULY			
AUGUST			
SEPTEMBER			
OCTOBER			
NOVEMBER			
DECEMBER			

# LOCAL AREA NETWORK 2

Date: May 5, 2026

# MAY 2026

**make  
kindness  
the norm.**  
randomactsofkindness.org

**SCIENCE SPARK: ACTIVE LISTENING INCREASES OXYTOCIN AND BUILDS TRUST.  
YOUR BRAIN ACTUALLY SYNCs WITH THE SPEAKER'S WHEN YOU LISTEN DEEPLY.**

RANDOM ACTS OF KINDNESS FOUNDATION

SUN	MON	TUE	WED	THU	FRI	SAT																																																																																																		
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					Today, when someone talks, try not to interrupt until they're done.	When a friend or teacher is speaking, look up and show you're really listening.																																																																																																		
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After someone tells you something, repeat a few words to show you heard them.	Share a story about a teacher who changed your world and invite others to share theirs.	Show teachers and staff some kindness with small tokens of appreciation such as flowers, chocolates, or breakfast treats.	Think of a nurse or teacher who helped you when things were tough and send them a thank-you note so they know you still remember.	Write hopeful messages and leave them on sticky notes near bulletin boards, break areas or other places that nurses or teachers will see them.	Organize a "chalk the walk" event at a local school or hospital. (make sure to get permission beforehand)	Deliver care packages to nursing stations, include items like hand lotion, lip balm, small snacks, and maybe even a coffee shop gift card.																																																																																																		
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Hold the door, offer a warm smile, give up a seat, or share a calming quote with a healthcare worker you see.	Arrange to have a meal delivered to a nursing station. Don't forget to include school nurses!	Use community boards, social media, or local newspapers to highlight stories of exceptional nursing care.	Send a short voice message to say, "I'm thinking of you."	Try to learn one new thing about someone just by listening carefully.	When someone talks, listen for the feeling behind their words.	Say, "What's something you wish more people knew about you?"																																																																																																		
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Sit outside for five minutes and just listen—to wind, birds, or rain.	When someone shares, say, "Tell me more about that."	Watch a short video or read a story from someone whose life is different from yours.	Ask a grandparent, teacher, or neighbor about something they remember from childhood.	When someone helps you at a store, smile, make eye contact, and say thank you.	Ask a friend, "How can I be a better friend to you?"	Read or watch something that teaches you about a new idea.																																																																																																		
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Ask someone in your neighborhood what they love most about where you live.	If you're upset, take a deep breath.	Sit quietly with your pet—listen to their breathing or purring.	Tell someone you remember a kind thing they once said and let them know it still means a lot to you.	Write a note or draw a picture for someone who always listens to you.	At lunch, ask a friend a question and let them do most of the talking.	Read a story someone else loves and talk about what it means to them.																																																																																																		
31	1	2	3	4	<p>APRIL</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>Th</td><td>F</td><td>S</td></tr> <tr><td>29</td><td>30</td><td>31</td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> </table> <p>JUNE</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>Th</td><td>F</td><td>S</td></tr> <tr><td>31</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> </table>		S	M	T	W	Th	F	S	29	30	31	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1	2	3	4	5	6	7	8	9	S	M	T	W	Th	F	S	31	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1	2	3	4	5	6	7	8	9	10	11
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Think of one time you listened with your heart—how did it make you feel?																																																																																																								

# YouthCare Presentation

**YouthCare**<sup>™</sup>  
HealthChoice Illinois



helping  
foster  
children  
thrive

**YouthCare**  
HealthChoice Illinois

## Introduction

YouthCare is a healthcare program for youth currently in the care of DCFS, as well as former youth in care.

- Built by HFS, DCFS, parents, and stakeholders.
- Managed Care Organization (MCO)
- Adapts Medicaid to the Illinois Child Welfare System

Member Services: 844-289-2264



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# YouthCare Presentation

Partnership to improve the overall health/wellbeing for children involved in the Illinois Child Welfare System



YouthCare Member Services: 844-289-2264

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## Managed Care

Effective solution in ensuring Youth in care receive timely and appropriate services to address developmental, physical, and behavioral health needs



- A Care Manager for every young person
- An Expert Response for every question
- A Crisis Team for every youth escalation







YouthCare Member Services: 844-289-2264

Rapid Response Team:  
[ilyouthcare@centene.com](mailto:ilyouthcare@centene.com)

# YouthCare Presentation

## When DCFS takes custody of a youth, that youth is enrolled in YouthCare for healthcare benefits

### The Process

1.	2.	3.	4.	5.	6.
					
<b>Medical Card Hotline</b> CPS/CWS obtains AMISYS number (Temporary YouthCare ID number)	<b>Initial Health Screen</b> Form CFS 653a is completed by a medical professional within 24 hours of custody and sent to Healthworks	<b>Placement</b> Form CFS 906 completed accurately and sent to the Placement Clearance Unit; CPS/CWS gives Caregiver the YouthCare brochure	<b>YouthCare ID &amp; Welcome Packet</b> Mailed to placement address within 7-10 business days	<b>Comprehensive Health Evaluation</b> Form CFS 600 completed by the Primary Care Physician and sent to Healthworks within 21 days of temporary custody	<b>Health Risk Screen</b> YouthCare completes the required HRS with the caregiver* within 60 days of Enrollment



Member Services: 844-289-2264

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## ID Card

- YouthCare Website
- YouthCare Member Services Number
- Member's Name
- Plan Name
- YouthCare Member ID number
- Coverage begin date
- Contact information for member's PCP
- Prescription coverage information
- Phone number for Behavioral Health, Vision, Dental, Transportation, 24/7 Nurse Advice Care Line
- Phone number providers use to ask YouthCare questions about coverage
- Claim submission information (for use by providers)
- YouthCare mailing address

<b>YouthCare</b> <small>HealthChoice Illinois</small>		Regulatory Agency – Healthcare and Family Services <b>Member Services:</b> 844-289-2264 (TTY: 711)
ILYouthCare.com		
<b>Member Name:</b> Jane Doe		
<b>Plan Name:</b> YouthCare HealthChoice Illinois		
<b>Medical ID #:</b> 123456789		
<b>Effective Date:</b> 09/23/2023		
<b>PCP Name:</b> Healthcare Center for Kids, Ltd.		
<b>PCP Number:</b> 555-555-5555		
<b>RxBIN:</b> 003858	<b>RxPCN:</b> MA	<b>RxGROUP:</b> 2EJA

<b>MEMBERS</b> Behavioral Health, Vision, Dental, Transportation, 24/7 Nurse Advice Line: 844-289-2264 (TTY: 711)	
<b>PROVIDERS</b> 24/7 Eligibility & Prior Auth Check: 844-289-2264 Pharmacists Only: 833-750-4409	
<b>PAPER CLAIMS</b> YouthCare HealthChoice IL Attn: Claims PO Box 4020 Farmington, MO 63640-4402	<b>MAILING ADDRESS</b> YouthCare HealthChoice IL PO Box 733 Elk Grove Village, IL 60009-0733



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# YouthCare Presentation



## HealthWorks of Illinois

Ensure each youth has a continuous medical support system per IDPH standards

- Ongoing oversight and coordination of healthcare services for youth in care
  - Initial and Comprehensive Health Exams
  - Access to Primary Care and Specialty Care
  - Maintain records of medical history including immunizations
- Overseen by YouthCare
  - Lead Agencies (18) and Medical Case Management Agencies (74) covering 102 Illinois Counties



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## Medical Records Requests

For more information and medical record requests, contact the Youth's assigned Healthworks Agency

The screenshot shows the 'Person Management' section of the SACWIS system. It includes fields for 'Person ID', 'CYOS Client ID', 'Status', and 'Soft No'. There are also dropdown menus for 'Preferred Name', 'Plat', 'Last Name', 'First Name', 'Middle Name', and 'Suffix'. Below these are tabs for 'View Legal', 'Placements', 'Person Profile', 'Education', 'Health', 'Photos', 'Fingerprints', and 'Social Media/CRS Report'. At the bottom, there are buttons for 'Basic', 'Contact Information', 'Clinical', and 'Change History'.



The screenshot shows a detailed record view in the SACWIS system. It includes the following sections:

- Person Management:** Person ID, Name, CYOS ID, Gender: Male, Size of Birth, Age.
- Health Providers:** Comprehensive Health Evaluation, Family Health History, Health Encounter, Health Issues, Immunizations, Initial Health Screening, Medical Equipment, Medications, Pregnancy Program.
- Case Information:** Worker Name, Agency Name: LSSD, Phone: (616) 997-8196, Superior Name, Agency Name: LSSD, Phone: (616) 997-8196, JCR Cycle Code: April/03/08, Reason For DCFS Involvement: Neglect, Living Arrangement Code: 10, Living Arrangement Description: Home of Relative.
- Health Information:** Medical Case ID, Medical Effective Date, Primary Care Physician: DRBRI/21562, Phone, Selected Date, Primary Dentist, Phone, Selected Date.
- Program:** Medical Case Management Agency: Francis Williamson St. Charles Health Department, Phone: (616) 953-8111, Selected Date: 6/13/2024.

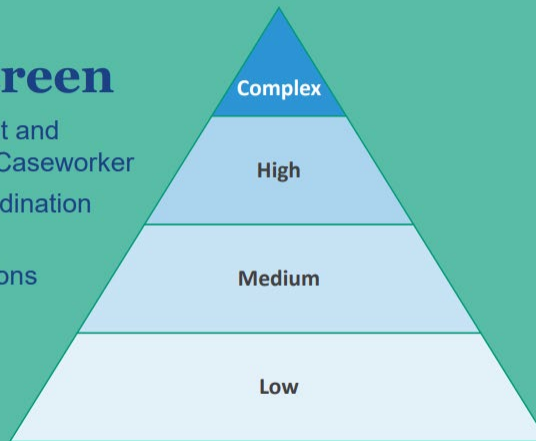
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# YouthCare Presentation



## Health Risk Screen

- Completed upon Enrollment and annually with Caregiver or Caseworker
- Essential for the Care Coordination Process
- Child-specific health questions
- DCFS-specific
- Risk Stratification



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## Health Risk Screen

### Purpose



Required by Illinois Department of HealthCare and Family Services (HFS) to be completed within 60 days of the youth being enrolled in YouthCare

Matches youth with appropriate care coordinator

Determines the type of medical/behavioral health services the youth needs

Identifies Durable Medical Equipment needs

Locates community resources for youth

Essential to completing plan of care

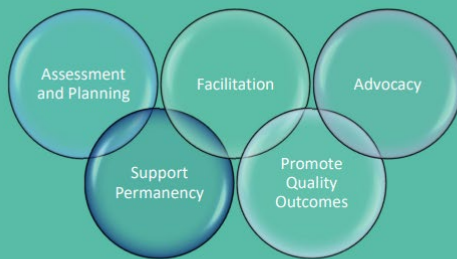
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# YouthCare Presentation



## Care Coordination

Ensure Quality Health Outcomes



- Core Principle of Managed Care
- Member-Centered Approach
- Organized, Efficient Service Delivery
- Advocacy
- Promote Collaboration
- Enhance the Youth's Overall Wellbeing

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## Benefits of Care Coordination

### Support the Member

- Specialized screening tools/care plans
- Discharge planning
- Linking multiple healthcare providers

### Assist the Caregiver

- Scheduling appointments
- Obtaining medications
- Securing durable medical equipment

### Aid to the Caseworker

- Attend CFTM, CIPP and other meetings as needed
- Medication and billing issues
- Locate and connect with providers

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# YouthCare Presentation

## Specialized Programs

### Start Smart for Baby® (SSFB)

- Early Identification of pregnant members
- Multi-faceted approach to improving prenatal and postpartum care
- Extend the gestational period and reduce the risk of pregnancy complications, prematurity and infant disease



### A2A: Adolescence to Adulthood

- Customized screening tool used to identify life domains of particular importance to young adult members and establish social resources/supports.
- Assist with: Transition to Adult Medicaid, Housing, Education, Employment, Depression/Substance Use, Sexual Orientation/Gender Identity, Sexual Health



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## Medical Transportation

Social Determinants of Health (SDOH)



Access to Quality  
Healthcare is a  
Social Determinant  
of Health



Consistent Access  
to Healthcare  
Enhances Health  
Outcomes



Transportation  
Ensures Youth can  
Access Healthcare

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# YouthCare Presentation



## Transportation Services

- Free non-emergency transportation to:
  - *Medically-necessary appointments*
  - *Biological family/sibling visits*
  - *Cultural events*
- Members under 18 must be accompanied by an adult (unless pregnant)
- Schedule ride at least 3 days before provider visit
- Foster parents can request gas mileage reimbursement

**YouthCare Member Services:**  
**1-844-289-2264**



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## Transportation Services

- Information needed to schedule a ride:
- YouthCare ID Number
  - Member's First and Last Name
  - Member's Address and Phone Number
  - Provider's Name, Address, Phone Number and Specialty
  - Appointment Time
  - Requested Return Time
  - Additional Rider Information and Age
  - Special equipment and/or needs

**YouthCare Member Services:**  
**1-844-289-2264**



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# YouthCare

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## Transportation Services

Free Non-Emergency Medical Transportation

- Provided by MTM
- One of the nations largest and most experienced transportation brokers
- More than 25 years of experience
- Leverages technology and automation to better manage transportation benefits



**MTM** Member PORTAL

MERIDIAN IL MEDICAID YOUTH CARE

**Book your next ride online!**  
Click here to get started

Download the MTM Link member app today!

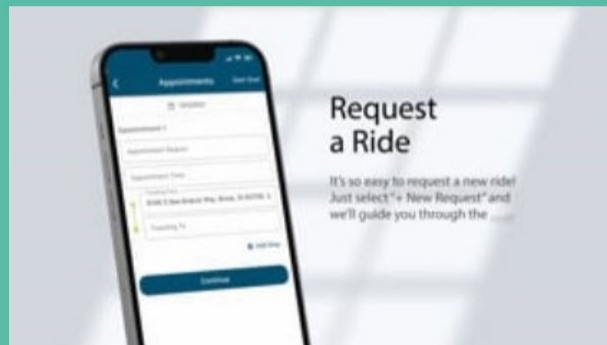
Available on the **App Store** and **Google play**

Phone: 844-289-2264  
Days: Sunday - Saturday  
Hours: 8:00 a.m. - 6:00 p.m. (CST)  
**Advanced Notification Requirement:**  
Call with three (3) calendar days' notice.  
**Gas Mileage Reimbursement (GMR) Rate:**  
\$0.655 per mile

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## MTM Link Member Mobile App



<https://www.mtm-inc.net/an-easier-way-to-manage-your-rides-is-here-the-mtm-link-member-mobile-app/>

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# YouthCare Presentation



## Mileage Reimbursement

70 ¢  
Per Mile

- Contact YouthCare prior to the appointment/cultural event/biological family visit
- Trip log must be completed and signed by a health care professional
- 60-day window for reimbursement



Member Services: 844-289-2264

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## Mileage Reimbursement Log

**MTM Reimbursement Log**

Send, fax, or mail completed logs to:  
 Email: [payme@mtm-inc.net](mailto:payme@mtm-inc.net)  
 Fax: 1-888-513-1610  
 MTM, Attention: Trip Logs  
 16 Haw Ridge Dr.  
 Lake St. Louis, MO 63367

**Instructions:**

- You must call MTM on or before the day of your medical appointment. The number to call can be found on the back of your card or the calling member services. You will receive a trip number during this call. You will need to write the number down on this Trip Log. To be reimbursed, you must submit a Trip Log for every request.
- Submit Trip logs no more than 60 days past the date of the first appointment.
- Any health care professional at the facility must sign the Trip Log. This includes nurses, therapists, physician assistants, or nurse practitioners. It doesn't have to be the doctor.
- We request you make copies of your bank reimbursement Trip Log. If you need a new copy of this form, you may download this form at [www.mtmbenefits.com](http://www.mtmbenefits.com), or you may call and request one be mailed to you.
- A one-way trip is from your home to the appointment. A round trip is from your home to the appointment and back home. For trips with more stops, such as an extra stop from the first appointment to a second appointment before going back home, please enter each trip log on a separate line. For example:
  - 1st leg: home to first doctor
  - 2nd leg: first doctor to second doctor
  - 3rd leg: second doctor to home
- Unauthorized forms cannot be processed. It is your responsibility to complete this form correctly.
- Keep a copy of your Trip Log for your records.

**Questions about the Reimbursement Form? Please call: 1-888-513-2700.**

**Member Info**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Member # \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Appointment Info**

Appointment to Member: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Reimbursement Log (Continued)**

Trip #	The Member (or other) to be billed per mile	Appointment Date	Appointment Time	Reimbursement Rate	Mileage Reimbursed
Trip #1				70¢/mile	0.00 miles
Trip #2				70¢/mile	0.00 miles
Trip #3				70¢/mile	0.00 miles
Trip #4				70¢/mile	0.00 miles
Trip #5				70¢/mile	0.00 miles
Trip #6				70¢/mile	0.00 miles
Trip #7				70¢/mile	0.00 miles

See instructions on the back of this form for the completion and filing of this form.

YouthCare Member Services:  
1-844-289-2264

For reimbursement, send the completed log to MTM using one of the options below:

- Email: [payme@mtm-inc.net](mailto:payme@mtm-inc.net)
- Fax: 1-888-513-1610
- Mail: MTM  
ATTN: Trip Logs  
16 Haw Ridge Dr.  
Lake St. Louis, MO 63367

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# YouthCare Presentation

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HealthChoice Illinois

## My Health Pays™ Rewards Program

Youth earn a prepaid Visa® debit card for completing certain healthcare services.

- Rewards automatically loaded onto the card.
- Rewards can help pay for everyday expenses.
- No forms or claims to process – just Rewards.



Health Risk Screen



Well Child exams



Annual Dental Exams



Immunizations



Behavioral Health



Pregnancy Care

YouthCare Member Services: 844-289-2264

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### MyHealthPays Rewards

You can earn MyHealthPays® REWARDS from YouthCare HealthChoice Illinois when you do healthy activities!



#### START EARNING TODAY!

- \$10 Complete a Health Risk Screening**  
Once per enrollment. Call 1-844-289-2264 (TTY: 711).
- \$25 Cervical Cancer Screening**  
Once per year. Ages 21 to 64.
- \$25 Diabetic Eye Exam**  
Once per year.
- \$25 Diabetic HbA1c Test**  
Once per year.
- \$25 Weight Assessment & Nutrition Counseling**  
Once per year. Ages 3 to 17.
- \$25 Child and Adolescent Well Visit with PCP or OB/GYN** Once per year. Ages 3 to 21.
- \$10 Infant Immunization**  
\$10 for each immunization received before age 9. 30ap, Polio, MMR, Hib, HepB, Chicken Pox, PCV.
- \$10 Infant Well Visit**  
Up to six visits. Ages 0 to 15 months.
- \$25 Annual Dental Visit**  
Once per year. Ages 2 to 20.
- \$10 Child Well Visit**  
Up to two visits. Ages 16 to 30 months.
- \$10 Child Well Visit Bonus**  
Complete 8+ visits before child is 30 months old.
- \$25 Follow-Up After Being Discharged from a Behavioral Health Facility**  
Ages 6 and up. Must attend a check-up appointment with a behavioral health provider within seven days of discharge date.
- \$50 Notification of Pregnancy Form**  
Completed within first three months of pregnancy.
- \$25 Notification of Pregnancy Form**  
Completed within first fourth and sixth months of pregnancy.
- \$25 Postpartum Visit\***  
7-94 days after delivery. \*You must notify us of your pregnancy prior to having your baby by calling or submitting a completed Notification of Pregnancy Form.

#### IT PAYS TO STAY HEALTHY.

You will get your My Health Pays Visa® Prepaid Card when you earn your first reward from YouthCare. Each time you complete a qualifying healthy activity, we are notified, and your reward dollars will be added to your card. It's that simple!



#### DON'T FORGET TO KEEP YOUR CARD!

Learn more at [www.youthcare.com](http://www.youthcare.com) or call 1-844-289-2264 (TTY: 711)

This card is issued by The Bancorp Bank, Member FDIC, pursuant to a license from Visa U.S.A. Inc. Card subject to cardholder agreement which can be accepted. See Cardholder agreement for complete cardholder information.

MeridianHealth complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.  
Español (Spanish): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 844-289-2264 (TTY: 711).  
Polski (Polish): UWAGA: jeśli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 844-289-2264 (TTY: 711).

ATENCIÓN: Este es un programa de incentivos de YouthCare HealthChoice Illinois. El programa de incentivos de YouthCare HealthChoice Illinois está sujeto a los términos y condiciones del programa de incentivos de YouthCare HealthChoice Illinois. Para obtener más información, visite [www.youthcare.com](http://www.youthcare.com) o llame al 844-289-2264 (TTY: 711).

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# YouthCare Presentation

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HealthChoice Illinois

## Free Gym Membership & After School Care

Individual YMCA memberships at no cost

- Includes access to YMCA facilities throughout Illinois
- Gym Membership
- Before and after school care
- To be eligible for membership and care, youth must complete:
  - Health Risk Screening
  - Annual wellness visit
  - BMI measurement



YouthCare Member Services: 844-289-2264

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**YouthCare**  
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## Three Free School Uniforms Every Year

Qualifying YouthCare members can receive a free uniform (one polo, one pair of pants, and one sweater) up to three times per year.

- To qualify:
- Complete a Health Risk Screening
  - Complete an Annual Well-Child Visit
  - Complete a BMI Measurement



YouthCare Member Services:  
1-844-289-2264

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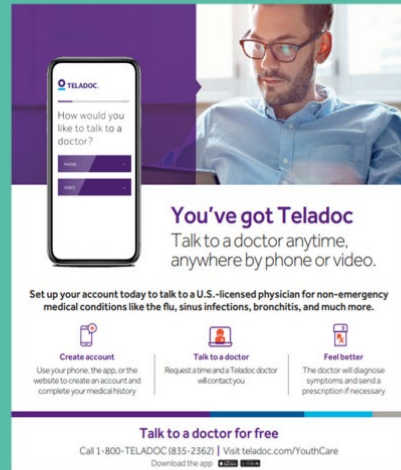
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**Teladoc**  
HEALTH

- Free Non-Emergency HealthCare for General Medicine and Dermatology
- Behavioral health services offered for members ages 18+
- Great alternative to Emergency Room and Urgent Care
- Flexible scheduling available



1-800-TELADOC (835-2362)  
Teladoc.com/YouthCare



**You've got Teladoc**  
Talk to a doctor anytime, anywhere by phone or video.

Set up your account today to talk to a U.S.-licensed physician for non-emergency medical conditions like the flu, sinus infections, bronchitis, and much more.

- Create account**  
Use your phone, the app, or the website to create an account and complete your medical history
- Talk to a doctor**  
Request a time and a Teladoc doctor will contact you
- Feel better**  
The doctor will diagnose symptoms and send a prescription if necessary

**Talk to a doctor for free**  
Call 1-800-TELADOC (835-2362) | Visit teladoc.com/YouthCare  
Download the app  

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**BRAVE HEALTH™**

Mental Health for Youth 13+

#### Specialized Clinical Services



- Adolescents ages 13+
- High acuity and serious mental illness
- Pregnant and postpartum care

#### Easy Access



- 100% video sessions
- On-demand tech support
- No app to download

#### Tailored Treatment



- Individual & family therapy
- Diagnostic evaluations
- Medication management
- Specialty group therapy sessions

#### When They Need It



- Same day appointment availability
- Patient outreach within 24-hours from referral via phone, email, and text message
- Average time to care is 7 days

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# YouthCare Presentation

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HealthChoice Illinois

## blueberry

### Pediatric Telehealth Services

- Pediatric care from home in minutes 24/7, 365 days a year
- Great alternative to urgent care
- For concerns such as fever, sore throat, ear infections, sinus infections, GI issues, and other common health concerns
- To sign up and receive an at-home medical kit, visit [blueberrypediatrics.com/YouthCare](http://blueberrypediatrics.com/YouthCare)



[Blueberrypediatrics.com/YouthCare](http://Blueberrypediatrics.com/YouthCare)

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## 24/7 Nurse Advice Care Line

A registered nurse will recommend treatment options based on the youth's symptoms.

YouthCare Member Services:  
1-844-289-2264, TTY: 711

## Mobile Crisis Response Providers

The statewide 24-hour Crisis and Referral Entry Services (CARES) line is available.

A professional will help you if a mental health crisis occurs and direct you to the correct treatment.

Assistance includes *Priority Inpatient Access, Transportation, Convene Integrated Care Team Meetings, Ensure Transition of Care/Medication.*

Call 1-800-345-9049  
TTY: 773-523-4504

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# YouthCare Presentation



## YouthCare Training Series

- Trainings are offered at no cost
- Topics for Caregivers, Case Managers and Providers
- Continuing Education Eligibility

### REGISTER:

#### Provider Training



#### Caregiver Training



#### In-Person Trainings:

To schedule, email Gary Pate at [gpate@centene.com](mailto:gpate@centene.com).



### Child Welfare Training & Education

YouthCare HealthChoice Illinois offers free trainings to assist our providers, partners and foster and adoptive parents in delivering quality care to our members. In addition to our in-person trainings, we offer live webinars.

#### TOPICS INCLUDE:

- Providers**
- Advance Childhood Experiences (ACE) Study
  - Cultural Humility
  - Human Trafficking: The Risk within Child Welfare
  - LGBTQA+ Promoting Safety, Equity and Health
  - Trauma Informed Best Practices
  - Motivational Interviewing
  - Child Welfare Trauma Training Toolkit

- Caregivers**
- Caring for Children Who Have Experienced Trauma
  - Motivational Interviewing for Foster Parents and Caregivers with Adolescents
  - Promoting Understanding and Healing in Adoption and Foster Care

- Special Training Events**
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
  - Child Abuse Relationship Enhancement (CARE)

#### WEBINAR

Webinars occur on a rotating basis, various dates and times are available. Please visit the registration page for details.

#### REGISTER:

##### Provider Training



##### Caregiver Training



In-person Trainings: To schedule, email Gary Pate at [gpate@centene.com](mailto:gpate@centene.com).

Cost: Trainings are offered at no cost.

Continuing Education (CE) Eligibility: For specific CE hour approvals and other CE information, refer to each training on the registration page. Participants will need to log in to the online training room and will also need to connect to audio and their device or call into the conference number. Participants must attend the entire session, complete a pre-test and post-test to receive a CE eligible certificate. Pre-tests are only available at the start of the training.

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## Foster Care Liaison Team

DCFS Region	Name	Email	Phone
Northern	Julie Beatty	<a href="mailto:Julie.Beatty@illinois.gov">Julie.Beatty@illinois.gov</a>	(224) 339-3339
Northern	Jennifer Purefoy	<a href="mailto:Jennifer.Purefoy@illinois.gov">Jennifer.Purefoy@illinois.gov</a>	(815) 355-4629
Cook	Viviana Jimenez	<a href="mailto:Viviana.Jimenez@illinois.gov">Viviana.Jimenez@illinois.gov</a>	(312) 882-8342
Cook	Jerald Brooks	<a href="mailto:Jerald.Brooks@illinois.gov">Jerald.Brooks@illinois.gov</a>	(708) 295-2844
Central	Heidi Thompson	<a href="mailto:Heidi.Thompson@illinois.gov">Heidi.Thompson@illinois.gov</a>	(309) 903-1300
Central	Renee Colley	<a href="mailto:Renee.Colley@illinois.gov">Renee.Colley@illinois.gov</a>	(217) 299-9390
Southern	Yolanda Hudson	<a href="mailto:Yolanda.Hudson@illinois.gov">Yolanda.Hudson@illinois.gov</a>	(314) 203-2565
Southern	Alissa Miller	<a href="mailto:Alissa.M.Miller@illinois.gov">Alissa.M.Miller@illinois.gov</a>	(618) 751-6083
John Hall (Supervisor)		<a href="mailto:John.Hall2@mhplan.com">John.Hall2@mhplan.com</a>	(217) 494-2774
Comaneci Myers (Manager)		<a href="mailto:Comaneci.L.Myers@mhplan.com">Comaneci.L.Myers@mhplan.com</a>	



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# YouthCare Presentation

YouthCare  
HealthChoice Illinois

## Contact Us



Website:  
[www.ILYouthCare.com](http://www.ILYouthCare.com)



Member Services  
Phone:  
1-844-289-2264



Rapid Response Team  
Email:  
[ilyouthcare@centene.com](mailto:ilyouthcare@centene.com)

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## Thank you



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