

LOCAL AREA NETWORK 2

Date: September 1, 2026

Attendance:

Krystle Yarber, Alyssa Rouse, Myron Caudle, Jessica Palazzolo, Sara McClusky, Kristy Wood, Shae Davidson, Mel Dotson, Amy Tripp, Yolanda Hudson, Stacia Penrod, Vickie Rose, Sue Thom, Alissa Miller, Halie Ragan, Holly Kotner,

Approval of Meeting Minutes:

Stacia Penrod made motion to approve last month's meeting minute, and Holly Kotner seconded it. All Aye.

Upcoming Community Events/Trainings/Flyers: *Most flyers are attached below*

- **Stacia Penrod – Egyptian Health Dept.**
 - **Suicide Prevention Taskforce Meeting**
 - September 3, 2026 @ 2pm
 - EHD 1412 US 45 North, Eldorado, IL 62930
 - Finish up details/planning of Vigil, September 10th
 - **Triple P Parenting Group**
 - September 28th for 6 weeks
 - 9a-11a, Mondays, on Zoom
 - Cost \$ 35.00
 - Contact Krystle Yarber @ kyarebr@egyptian.org for referrals
 - **Intensive Outpatient Program (IOP)**
 - Meet Mon, Tues, & Wed, 1-4pm
 - 3 Week Program
 - **Grief Support Group by Jan Rash**
 - Starts Sept. 1st, Tuesdays, 10am
 - 1418 US 45 North, Eldorado, IL 62930
- **Holly Kotner – Egyptian Health Department**
 - **Candlelight Vigil**
 - Thursday, September 10th @ 630pm
 - Harrisburg District Library
 - **Southern Illinois Recovery Network Recovery Walk**
 - September 26, 2026 @ 2pm
 - 201 Fairground Rd., Carmi, Il
 - **Fundraiser coming up for Mulberry Center Expansion**
 - November 7, 2026 @ Elks Club
 - **Recovery GLOW walk**
 - September 12, 2026 @ 615pm
 - 1 E. Poplar St., Harrisburg
 - **Homecomings coming up**
 - Harrisburg, September 25th

LOCAL AREA NETWORK 2

Date: September 1, 2026

- Eldorado, October 2nd
- **Jessica Palazzolo – Lincoln Prairie**
 - Human Trafficking 101 Training
 - Thursday, September 22, 2026 @ 11am via ZOOM
 - <https://lp.constantcontactpages.com/ev/reg/4e7y75m>
- **Sue Thom & Vickie Rose – SICIL**
 - **Personal Assistant Training**
 - Thursday, September 3rd & September 24th, 1-3p
 - 32 Veterans Drive, Harrisburg, IL 62946
 - **Power of Planning**
 - Thursday, September 17, 2026, 1pm
 - 32 Veterans Drive, Harrisburg, IL 62946
- **Halie Ragan – Hamilton Memorial Hospital**
 - If anyone needs CPR training, look for Schoolhouse Training & Education
 - Fee may apply
- **Shae Davidson – Survivor Empowerment Center**
 - **Taste of Chocolate**
 - October 3, 2026
 - Thrill House Event Center, 3000 W. Deyong St., Marion, IL
 - For more information contact tasteofchocolate@secsi.org or @ 618-549-4807 Ext: 1269
 - **Crisis Training**
 - Any group that would like to participate in crisis intervention training can reach out to me (s.davidson@secsi.org) to explore details. Community organizations that would like to learn more about prevention and healthy relationships can reach out to Charlie Dorsey (c.dorsey@secsi.org).

Goals/Needs:

- Currently No Client Needs
- No New goals

LOCAL AREA NETWORK 2

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Contacts:

<u>Name</u>	<u>Location</u>	<u>Email</u>
Krystle Yarber	Egyptian Health Department	kyarber@egyptian.org
Holly Kotner	Egyptian Health Department	hkotner@egyptian.org
Alissa Miller	DCFS Foster Care Liaison Youth Care	Alissa.Miller@mhplan.com
Alyssa Rouse	EHD Intern – SIU Student	rousealyssa05@gmail.com
Myron Caudle	Assistant Principal & McKinney-Vento Homeless Liaison ROE # 20	mcaudle@roe20.org
Stacia Penrod	Egyptian Health Dept.	spenrod@egyptian.org
Halie Ragan	Hamilton Memorial Hospital	hrgan@hnhospital.org
Mel Dotson	Egyptian Health Department	mdotson@egyptian.org
Sue Thom	Independent Specialist SICIL	sthom@sicil1.org
Amy Tripp	DCFS	amy.tripp@illinois.gov
Yolanda Hudson	DCFS Foster Care Liaison Youth Care	Yolanda.Hudson@mhplan.com
Vickie Rose	Independent Specialist SICIL	vrose@sicil1.org
Jessica Palazzolo	Lincoln Prairie Behavioral Health Center	jessica.palazzolo@uhsinc.com
Sara McClusky	Egyptian Health Department	smcclusky@egyptian.org
Kristy Wood	Egyptian Health Department	kwood@egyptian.org
Shae Davidson		S.Davidson@secsi.org

Presentation:

- No Presenter

If you would like to do a presentation, please contact Krystle Yarber @ kyarber@egyptian.org

Adjournment:

Stacia Penrod Motioned to adjourn, All Ayes!

****To view the meeting minutes please go to <https://www.localareanetwork2.org/> ****

Our next monthly meeting will be October 6, 2026 In Person 9:00am, 1418 US 45 North, Eldorado, IL 62930

***The ZOOM link is provided below. ***

LOCAL AREA NETWORK 2

Date: September 1, 2026

Join Zoom Meeting

<https://us02web.zoom.us/j/6018470310>

Meeting ID: 601 847 0310

Password: 04032629

One tap mobile

+13126266799,,6018470310#,,1#,04032629# US (Chicago)

+13017158592,,6018470310#,,1#,04032629# US (Germantown)

Dial by your location

+1 312 626 6799 US (Chicago)

+1 301 715 8592 US (Germantown)

+1 646 558 8656 US (New York)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

Meeting ID: 601 847 0310

Password: 04032629

Find your local number: <https://us02web.zoom.us/j/6018470310>

*** If anyone has any flyers or information that you would like to have sent out in the LAN e-mail announcement or would like to present, please send them to Krystle Yarber at kyarber@egyptian.org by the third Monday of the month. ***

Minutes by Krystle Yarber

LOCAL AREA NETWORK 2

Date: September 1, 2026



A vibrant, neon-themed poster for a community event. The background is black with colorful neon lines and stars. The title 'GLOW' is in large, multi-colored neon letters. Below it, 'THROUGH' is in white, and 'What You Go Through' is in a cursive, yellow-green neon font. A butterfly is drawn in neon to the right of the title. Below the title, a subtitle reads 'A NIGHT OF COMMUNITY, CONNECTION & STRENGTH THAT GLOWS'. Five icons represent the event's activities: a burger and drink for 'FREE FOOD', a gift box for 'GIVEAWAYS', a microphone for 'SPEAKERS', musical notes for 'MUSIC', and a person walking for 'GLOW WALK AT DARK'. A banner below these icons says 'GLOW GEAR PROVIDED!'. A box on the left contains the date 'SEPT 12', 'SOCIAL HOUR 6:15 PM', and 'GLOW WALK AT DARK'. To the right, 'THE Mural UPTOWN' is written in neon, with a city skyline above 'Mural' and a banner below saying '1 E POPLAR ST.'. At the bottom, it says 'PRESENTED BY By His Grace, Inc.' with a heart and a cross icon. A small logo is at the bottom center, and a tagline is at the very bottom.

GLOW

THROUGH

What You Go Through

A NIGHT OF COMMUNITY, CONNECTION
& STRENGTH THAT **GLOWS**

 **FREE FOOD**

 **GIVEAWAYS**

 **SPEAKERS**

 **MUSIC**

 **GLOW WALK AT DARK**

GLOW GEAR PROVIDED!

 **SEPT 12**

 **SOCIAL HOUR
6:15 PM**

 **GLOW WALK
AT DARK**

THE  **Mural**
UPTOWN

 **1 E POPLAR ST.** 

PRESENTED BY

 *By His Grace, Inc.* 

• LET YOUR LIGHT SHINE. WALK TOGETHER. GLOW TOGETHER. •

LOCAL AREA NETWORK 2

Date: September 1, 2026

Human Trafficking 101 Training



Annie Schomaker, LCSW
Co-Founder, Eden's Glory

Tuesday, September 22nd 2026
11am via Zoom

This training will provide an initial overview of human trafficking, the landscape of how it has shifted in recent years and how to identify and respond in your work with potential survivors.

Register:

<https://lp.constantcontactpages.com/ev/reg/4e7y75m>

Free CEU available for LPC LCPC LSW LCSW RN LPN

LOCAL AREA NETWORK 2

Date: September 1, 2026

WHAT IS SICIL?

The Southern Illinois Center for Independent Living (SICIL) is a community based, non-profit organization that is staffed by several people with disabilities and also serves individuals with disabilities.

SICIL operates according to a strict philosophy of consumer control, wherein people with various types of disabilities directly govern and plan how our agency assists persons with disabilities.

Personal Assistant Training

- Training provided to caring individuals to assist people with disabilities with activities of daily living
- Flexible work hours
- Earn \$20.00 an hour
- Training and Certification provided free of charge

Thursday, August 27, 2026

In-Person @

Southern IL Center for Independent Living

32 Veterans Drive

Harrisburg, IL 62946

1:00 pm - 3:00 pm

(Please provide references)

Offered in person or

Call to schedule

For more information call Sue Thom at (618) 252-7233

Training does not guarantee employment

LOCAL AREA NETWORK 2

Date: September 1, 2026

WHAT IS SICIL?

The Southern Illinois Center for Independent Living (SICIL) is a community based, non-profit organization that is staffed by several people with disabilities and also serves individuals with disabilities.

SICIL operates according to a strict philosophy of consumer control, wherein people with various types of disabilities directly govern and plan how our agency assists persons with disabilities.

Personal Assistant Training

- Training provided to caring individuals to assist people with disabilities with activities of daily living
- Flexible work hours
- Earn \$20.00 an hour
- Training and Certification provided free of charge

Thursday, **September 24, 2026**

In-Person @

Southern IL Center for Independent Living

32 Veterans Drive

Harrisburg, IL 62946

1:00 pm - 3:00 pm

(Please provide references)

Offered in person or

Call to schedule

For more information call Sue Thom at (618) 252-7233

Training does not guarantee employment

LOCAL AREA NETWORK 2

Date: September 1, 2026

Power of Planning



A program developed by
Center for Disability & Elder Law

Thursday September 17th, 2026

Land of Lincoln Legal Aid will present on creating Power
of Attorney documents.

Content is intended for individuals, caregivers, and
professionals.

Free and open to the public. The presentation will take
place at 1pm at The Center for Independent Living
building, 32 Veteran's Drive in Harrisburg.

Limited seating available



LOCAL AREA NETWORK 2

Date: September 1, 2026



Candlelight Vigil

remembering those lost by suicide

September 10 is World Suicide Prevention Day. Join the Southeastern Illinois Suicide Prevention Task Force with a gallery display of tributes of those lost to suicide, light refreshments, followed by a candlelight walk to the courthouse to raise awareness on suicide prevention.

When

6.30pm

Thursday, September 10, 2026

Where

Harrisburg District Library Basement

2 West Walnut St. Harrisburg, IL

LOCAL AREA NETWORK 2

Date: September 1, 2026



Schoolhouse Training & Education

August 23 at 8:08 PM · 🌐

...

<https://form.jotform.com/262348234027151>

Classes are live! Please fill out the Jotform or message me directly to secure your spot. Payment is due at time of class.

Monday September, 7th

Friends & Family CPR

6p-8p

Wednesday September, 9th

Heartsaver

5p-8p

Saturday September, 19th

BLS

9a-noon

Thursday September, 24th

Friends & Family CPR

6p-8p [See less](#)



Jotform

Powerful forms get it done.

LOCAL AREA NETWORK 2

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Please join the Southern Illinois Recovery Network (SIRON) for the 5th Annual Recovery Walk. This event will feature speakers, recovery support, activities for adults and children, overdose prevention training, free naloxone, food, & a walk for recovery!

● **FREE FOOD** ● **SPEAKERS** ● **ACTIVITIES** ● **WALK**

SATURDAY, SEPTEMBER 26, 2026 | 2PM
CARMI FLORAL HALL
201 FAIRGROUND RD CARMI, IL 62821

Please contact Haley Smith or Jerrie Baxley Brown for more info
whitecountyrecovery@gmail.com

LOCAL AREA NETWORK 2

Date: September 1, 2026



EGYPTIAN HEALTH DEPARTMENT



TRIPLE P PARENTING PROGRAM

Positive Parent Program
for *Every* Parent



BEGINNING
Sept 28 @
9-11a
6 Week
Course

The Triple P – Positive Parenting Program® is a parenting and family support system designed to prevent – as well as treat – behavioral and emotional problems in children and teenagers. It aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential.

- Program is a 6 week commitment
- Meets every week on Monday via Zoom (no zoom on Oct 12.)
- 2 hour group meetings
- \$35 for the 6-week group and for book

Laura Miller, BSW, will be the primary facilitator. Laura has over 10+ years of experience working with parents, families, and children. With two children of her own. She both advocates and uses the strategies discussed in the group.

CONTACT KRYSTLE YARBER FOR MORE INFORMATION
KYARBER@EGYPTIAN.ORG 618.273.3326 EXT 2030

LOCAL AREA NETWORK 2

Date: September 1, 2026

Referral Form

Parent/Guardian Name: _____

Child's Name: _____

Address: _____

P.O. Box: _____

City, State & Zip: _____

Contact number: _____

Contact email: _____

Reason for referral:

Is child or guardian a (circle one):

Current Client New Client DCF's referred
Court referred Other

Does Guardian know about this referral: Yes____ No____

Pay Type: Medicaid____ Book Fee \$35.00____

Individual making referral: _____

***Please return all referrals into Krystle Yarber at
kyarber@egyptian.org by Sept 21 ***

LOCAL AREA NETWORK 2

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GRIEF SUPPORT GROUP



10 week closed session
Facilitated by Jan Rash

Any Grief Welcome:

- ☐ Loss of Spouse
- ☐ Loss of Child
- ☐ Loss of Parent
- ☐ Loss of Friend
- ☐ & more

MEETS WEEKLY

Tuesdays @
10am

Beginning September 1, 2026
Meetings located at
@ the iHub 1418 US HWY 45 N
Eldorado, IL 62930

Call or Text Jan to register
618.559.3990

**For more information, or to register, please contact Jan
Rash 618.559.3990**

LOCAL AREA NETWORK 2

Date: September 1, 2026



**INTENSIVE
OUTPATIENT
PROGRAM**

Using The SPARK Model = Support • Positivity • Acceptance • Resilience • Knowledge
Guiding youth through the 8 Dimensions of Wellness (SAMHSA)

- For youth ages 12–17 experiencing crisis
 - Meets Mon, Tues & Wed, 1:00–4:00 PM
 - Three-week program
- **Benefits:**
 - Avoid unnecessary hospitalization
 - Stay connected to home, school, and community
 - Build emotional regulation skills to manage stress
 - Connect with peers in a supportive setting
 - Create a personalized safety plan
 - Set future goals for success
 - Families have access to medication management through our provider
- **Program Focus**
 - Emotional support & wellness
 - Practical coping and regulation skills
 - Peer connection & acceptance
 - Building resilience for the future

**Youth ages 12–17 in crisis
Referred directly from our
agency's 24/7 crisis team**

 **CONTACT US** 618.273.3326 ext 2181 brittany.watson@egyptian.org

LOCAL AREA NETWORK 2

Date: September 1, 2026



Save the Date

Oct, 3rd 2026

Live & Silent Auctions,
Live Music & Entertainment,
Lots of Chocolate!

ThrillHouse Event Center
3000 W. Deyoung Street,
Marion, IL 62959

For more information, please contact us at



tasteofchocolate@secsi.org



(618) 549-4807 ext 1269



LOCAL AREA NETWORK 2

Date: September 1, 2026



Taste of Chocolate 2026 Sponsorship Invitation

Dear Community Partner,

Every survivor deserves a safe place to go and the support to begin again. For more than 50 years, [Survivor Empowerment Center](#) has provided free, confidential, 24-hour support to survivors of domestic violence and sexual assault across eight rural counties in Southern Illinois.

On October 3, 2026, we will host Taste of Chocolate at the ThrillHouse Event Center in Marion, IL. Guided by this year's theme ***"Taste the World. Make an Impact. Empower New Beginnings"*** the event will bring our community

together to celebrate resilience and invest in a safer future. Our goal is to raise \$50,000 to sustain essential services for survivors across Southern Illinois.

Become a Taste of Chocolate sponsor by selecting a sponsorship level on the enclosed Commitment Form or scanning the QR code below.

Together, we can empower new beginnings and build a safer community.

Sincerely,



Angela K. Odom

Angela Odom

CEO

Survivor Empowerment Center



Visit our Event
Website

Taste of Chocolate | October 3, 2026 | Marion, Illinois

SEPTEMBER 2026

**make
kindness
the norm.**
randomactsofkindness.org

RANDOM ACTS OF KINDNESS FOUNDATION

SCIENCE SPARK: ACTS OF GENEROSITY LIGHT UP THE BRAIN'S REWARD PATHWAYS, GIVING THE GIVER THE SAME JOY RESPONSE AS RECEIVING A GIFT.

SUN	MON	TUE	WED	THU	FRI	SAT
30	31	1	2	3 Start Socktober early by collecting new socks throughout September to donate next month—your preparation today warms toes (and hearts) tomorrow.	4	5
6 Spread back-to-school cheer with sticky notes of encouragement hidden in lockers, desks, or library books.	7 Thank a teacher or mentor with a heartfelt note describing how they've inspired you.	8 Plant positivity by painting RAK rocks and scattering them around parks or trails.	9 Do a chore for someone else without being asked.	10 Start a generosity jar and add a coin or note each time someone does something kind, then donate what you've collected together at month's end.	11 Send a smile across miles by mailing a postcard or drawing to a faraway friend or relative.	12 Give the gift of time by helping with errands, homework, or yard work.
13 Hold the door (and a smile) for others.	14 Share your skills by teaching someone how to bake, draw, or play a song.	15 Grow a kindness tree in your classroom or office—add a paper leaf for each kind act witnessed until your branches bloom with good deeds.	16 Leave a generous tip or a note of appreciation for a café or restaurant worker.	17 Create a kindness coupon book filled with favors like "help with dishes," "one free hug," or "movie night of your choice".	18 Pick up litter while you walk and watch your generosity ripple through the environment as beauty replaces clutter.	19 Donate blood or encourage others to.
20 Surprise a stranger by paying for their coffee, bus fare, or parking.	21 Pass along a favorite book with a note about why it moved you.	22 Volunteer together as a family, class, or team.	23 Host a "swap day" where friends trade clothes, toys, or tools.	24 Create a ripple map—draw a big circle with your name in the middle, then add circles for every person your kindness reaches.	25 Pack an extra snack for school or work and share it with someone who forgot theirs.	26 Support local artists or shops by leaving a kind review, sharing their work online, or writing a thank-you note.
27 Give the gift of listening by setting down your phone and being fully present.	28 Make kindness bookmarks with inspiring quotes and slip them into library books so future readers discover unexpected encouragement.	29 Adopt a spot in your neighborhood—refill a Little Free Pantry, water community plants, or tidy a park corner.	30 Celebrate kindness stories by sharing moments of generosity from the month with your family or class—telling these stories keeps those joy pathways glowing bright.	1	AUGUST S M T W Th F S 26 27 28 29 30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 2 3 4 5 OCTOBER S M T W Th F S 27 28 29 30 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 2 3 4 5 6 7	

Visit our site for even more kindness ideas: <https://www.randomactsofkindness.org/kindness-ideas>

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