LOCAL AREA NETWORK 2
Date: October 6, 2026

Attendance:
Jessica Palazzolo, Amy Tripp, Vickie Rose, Sue Thom, Alissa Miller, Tracy Adams, Cynthia Henley, Krystle Yarber, Rachel Watson

Approval of Meeting Minutes:
Alissa Miller made motion to approve last month's meeting minute, and Amy Tripp seconded it. All Aye.

Upcoming Community Events/Trainings/Flyers: *Most flyers are attached below*

- **Krystle Yarber- Egyptian Health Department**
  - **Triple P Parenting**
    - Classes just closed, we won't have any classes until after the holidays.
  - Will check with Stacia & Holly over Santa event

- **Jessica Palazzolo – Lincoln Prairie**
  - **An overview of Autism**
    - October 14th @ 10am via ZOOM
    - https://lp.constantcontactpages.com/ev/reg/gzsypg4
  - **Open House Lincoln Prairie**
    - October 8, 2026, from 430-630
      - 5230 S. 6th St. Rd, Springfield, IL 62703

- **Sue Thom & Vickie Rose – SICIL**
  - **Personal Assistant Training**
    - Thursday, October 29, 2026
      - 32 Veterans Drive, Harrisburg, IL 62946

- **Alissa Miller – Youth Care**
  - Autism Spectrum Disorder (ASD)/Intellectual Developmental Disability (IDD) Support Grant

Goals/Needs:
- Keep attending & bring someone new if possible

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Contacts:

Name	Location	Email
Krystle Yarber	Egyptian Health Department	kyarber@egyptian.org
Holly Kotner	Egyptian Health Department	hkotner@egyptian.org
Alissa Miller	DCFS Foster Care Liaison Youth Care	Alissa.Miller@mhplan.com
Krystle Yarber	Egyptian Health Department	kyarber@egyptian.org
Rachel Watson	WADI – Harrisburg	rwatson@wadi-inc.com
Sue Thom	Independent Specialist SICIL	sthom@sicil1.org
Amy Tripp	DCFS	amy.tripp@illinois.gov
Tracy Adams	Birth to 5	
Vickie Rose	Independent Specialist SICIL	vrose@sicil1.org
Cynthia Henley	Independent Specialist SICIL	
Jessica Palazzolo	Lincoln Prairie Behavioral Health Center	jessica.palazzolo@uhsinc.com

Presentation:

- No Presenter

If you would like to do a presentation, please contact Krystle Yarber @ kyarber@egyptian.org

Adjournment:

Stacia Penrod Motioned to adjourn, All Ayed!

****To view the meeting minutes please go to https://www.localareanetwork2.org/ ****

Our next monthly meeting will be **November 3, 2026 via ZOOM**

***The ZOOM link is provided below. ***

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Join Zoom Meeting
https://us02web.zoom.us/j/6018470310

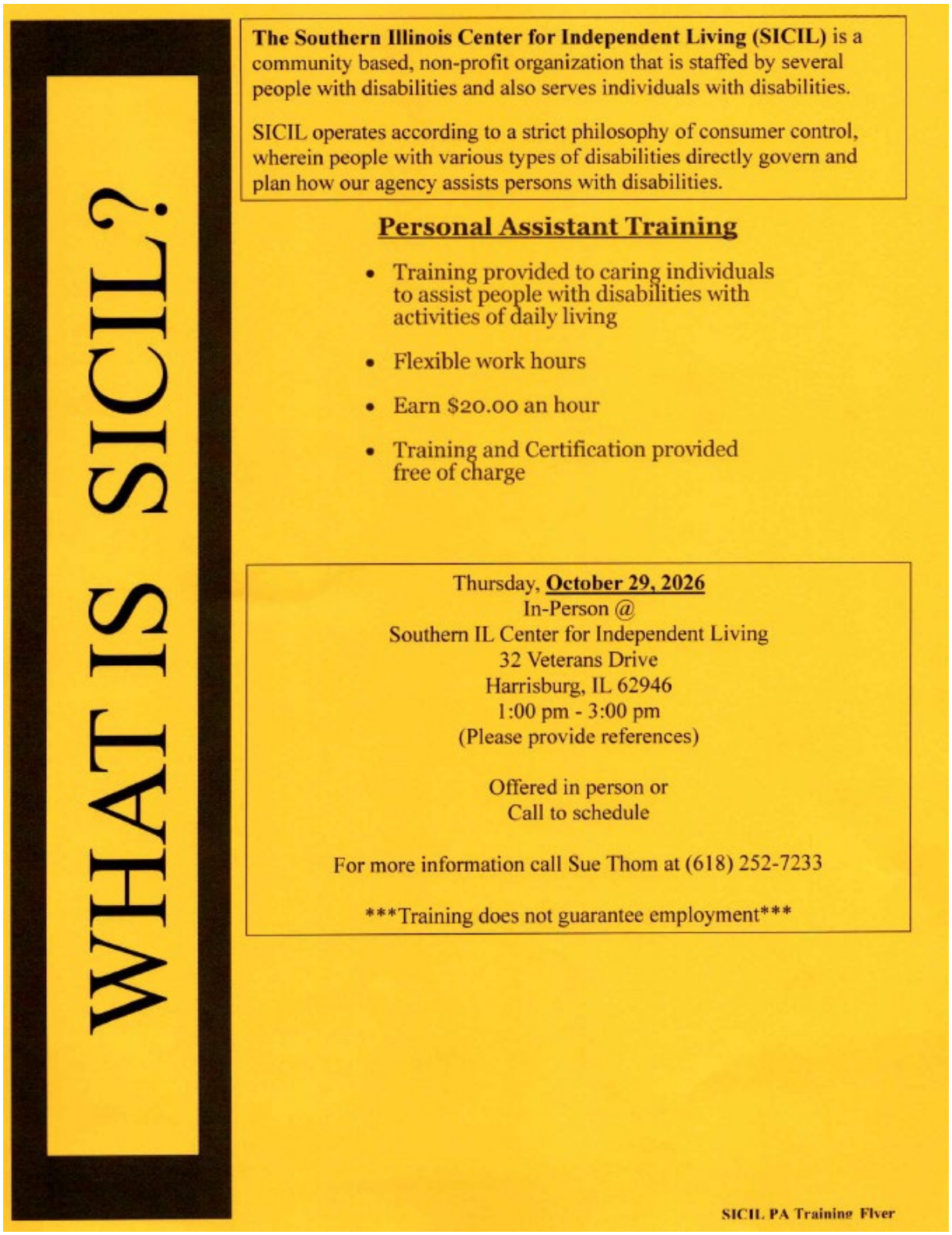
Meeting ID: 601 847 0310
Password: 04032629
One tap mobile
+13126266799,,6018470310#,,1#,04032629# US (Chicago)
+13017158592,,6018470310#,,1#,04032629# US (Germantown)

Dial by your location
+1 312 626 6799 US (Chicago)
+1 301 715 8592 US (Germantown)
+1 646 558 8656 US (New York)
+1 253 215 8782 US (Tacoma)
+1 346 248 7799 US (Houston)
+1 669 900 9128 US (San Jose)
Meeting ID: 601 847 0310
Password: 04032629
Find your local number: https://us02web.zoom.us/u/keAHO54Ih2

*** If anyone has any flyers or information that you would like to have sent out in the LAN e-mail announcement or would like to present, please send them to Krystle Yarber at kyarber@egyptian.org by the third Monday of the month. ***

Minutes by Krystle Yarber

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YouthCare | HealthChoice Illinois

Get help paying for autism and developmental services

Short-term help to pay for certain licensed therapy services

Autism Spectrum Disorder (ASD)/Intellectual Developmental Disability (IDD) Support Grant

What is this program?

- This YouthCare HealthChoice Illinois grant offers short-term funding to help pay for certain therapy services for youth who may have autism or other developmental disabilities and need support now. This grant can help when services are hard to get, there is a long wait list, or the service is not covered.
- The grant pays licensed providers directly. We do not send payments to youth/caregivers.

What the grant may help pay for:

- Occupational therapy (daily skills—dressing, eating, handwriting, or sensory needs)
- Physical therapy (strength, balance, walking, and movement)
- Behavior therapy (safety, routines, communication, and challenging behaviors)

Where to send questions / application support
Email the Illinois YouthCare Rapid Response Team at **ilyouthcare@centene.com** or talk with your YouthCare Care Manager.

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YouthCare | HealthChoice Illinois

Who can use this grant?

- Youth must be enrolled in YouthCare and:
  - Waiting for an autism/developmental disability diagnosis, or cannot get needed services right away
  - Have an order for services from a licensed medical provider

What this grant does NOT cover:

- Services from unlicensed providers
- Equipment, supplies, or devices
- Recreational activities (camps, sports, or general lessons)

How to apply

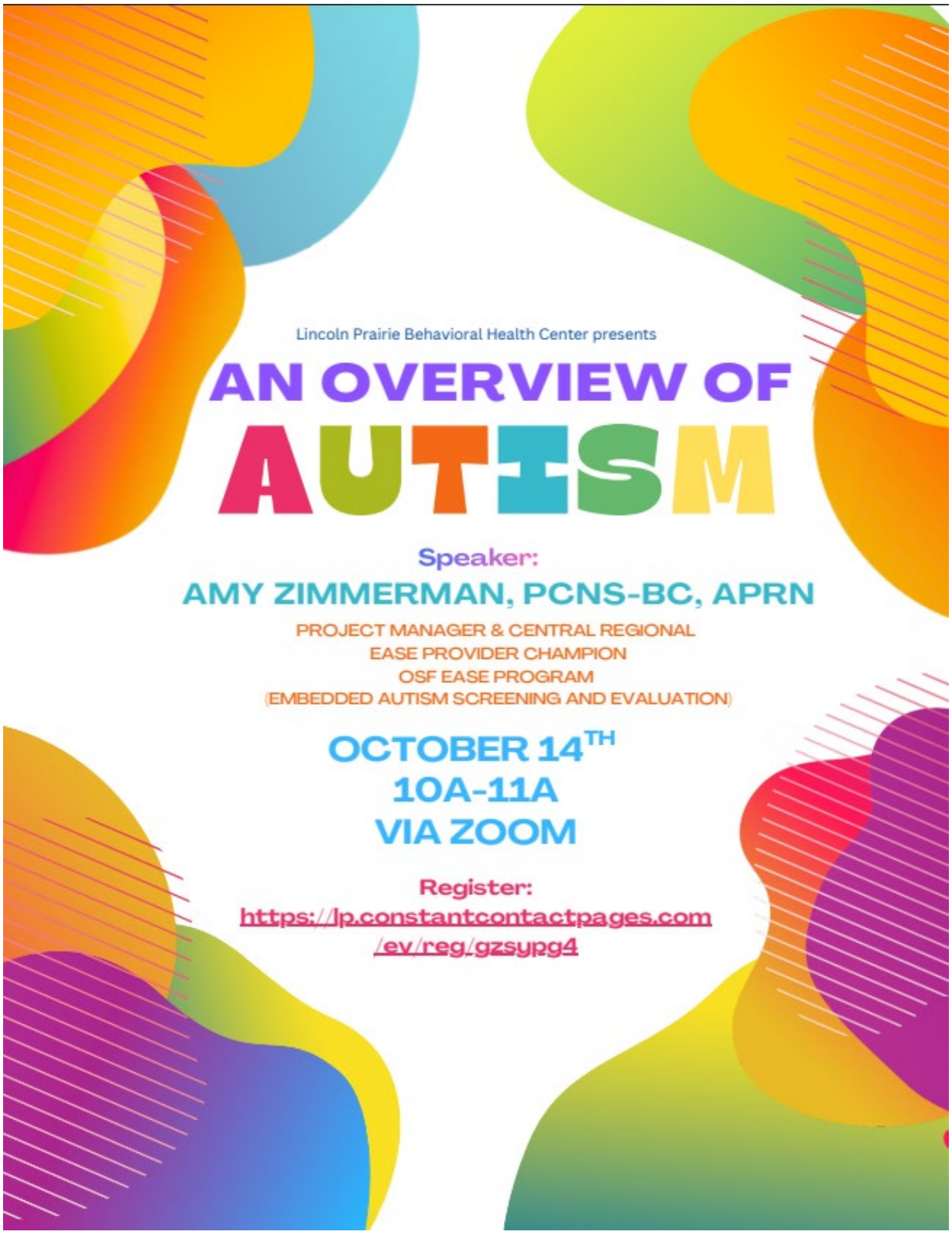
1. Complete the grant application (ask your Care Manager or Rapid Response Team for the form)
2. Send the completed application to: **ilyouthcare@centene.com**
3. The Rapid Response Team will contact you with next steps

YouthCare HealthChoice Illinois complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity).

Español (Spanish): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **844-289-2264** (TTY: **711**).

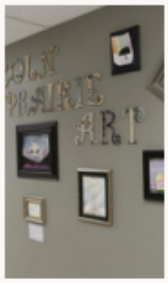
Polski (Polish): UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer **844-289-2264** (TTY: **711**).

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LINCOLN PRAIRIE BEHAVIORAL HEALTH CENTER







Open House

Discover Lincoln Prairie
Community Open House
Featuring Through Their Eyes:
A Patient Art Gallery

OCTOBER 8 2026

What to Expect

- Guided tour of the facility
- Leadership/Clinical team meet and greet
- Learn what services we provide to children & teens
- Experience **Through Their Eyes**, a unique patient art gallery showcasing creativity, resilience, and self-expression.
- Refreshments served

Where is it?
5230 S 6th St Rd
Springfield, IL 62703

When is it?
4:30pm - 6:30pm
October 8 2026

Who is this for?
Whether you're a parent, educator, healthcare professional, community partner, or simply interested in learning more about youth mental health, we welcome you to spend an evening with us.

Questions? Contact Divvya
Divvya.mirani@uhsinc.com | www.lincolnprairiebhc.com

OCTOBER 2026

make kindness the norm.
randomactsofkindness.org

RANDOM ACTS OF KINDNESS FOUNDATION

SCIENCE SPARK: THE BRAIN HAS A NEGATIVITY BIAS, BUT WHEN WE HIGHLIGHT KINDNESS, WE RETRAIN OUR NEURAL PATHWAYS TO NOTICE THE POSITIVE.

SEPTEMBER

S	M	T	W	Th	F	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3
4	5	6	7	8	9	10

NOVEMBER

S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5
6	7	8	9	10	11	12

SUN	MON	TUE	WED	THU	FRI	SAT
		29	30	1 Join Socktober—donate new socks to warm someone's day (and toes!).	2 Notice one good thing someone does today and point it out aloud.	3 Write a sticky note naming one thing you appreciate about a family member and leave it where they'll find it.
4 Start a "Good Things List" and write down three bright moments from your day.	5 Tell a friend the best thing you've learned from them.	6 Ask someone, "What's something good that happened this week?" and really listen.	7 Snap a picture of something beautiful you notice today and share it with someone to lift their mood.	8 Thank a teacher, coach, or mentor for a small moment they may have forgotten, but you never did.	9 Give a kind comment to someone—make it specific so it feels real.	10 Celebrate someone in your life by acknowledging one of their strengths and letting them know you've noticed it.
11 Invite someone to join you in doing something fun.	12 Compliment a kid's creativity, curiosity, or courage.	13 Do a small chore or helpful task.	14 Look for someone who's usually quiet and ask about something they love.	15 Share a story from your past where someone showed you kindness.	16 Leave a surprise "You're Doing Great" note in a public place.	17 Tell yourself one good thing about who you are - not what you do.
18 Celebrate someone's effort, not just their achievement.	19 Send a voice memo to a friend letting them know why you're grateful they're in your life.	20 Draw or doodle something and give it to someone with a nice note.	21 Give a sincere compliment to three people today.	22 Look in the mirror and name one thing you're proud of yourself for.	23 Ask someone, "What's something you're looking forward to?" and cheer them on.	24 Make a "Kindness Spotlight" at home or school where people can post good things they notice.
25 Share a kind memory with a family member who may need encouragement today.	26 Hold the door open for someone and greet them with a smile.	27 Offer to help someone learn, practice, or figure out something they've been working on.	28 Make a card for someone you've been thinking about and give/send it to them.	29 Take a walk and notice all the joyful things.	30 Leave a positive review for a local business.	31 Reflect on the biggest positive shift you noticed this month.

Visit our site for even more kindness ideas: https://www.randomactsofkindness.org/kindness-ideas

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