**MINUTES OF THE LOCAL ARE NETWORK 2**

**STEERING COMMITTEE MEETING**

**March 2, 2021**

**Present:** Cheryl Ledbetter, Elaina Cullers, Stacia Penrod, Alyssa Oglesby, Megan Ragan, Taylor Holmes, Chelsea Delap, Jessica Palazzolo, Devin Walters, Danielle Camp, Cindy Addison, Katie Karns, Matt Buckman, Jackie Ramsey, Michele Plunk, Jason Robershaw, Phyllis Wood, Robin Johnston, Megan Harrison, Lindsey Yordy, Lee Hughes, Kristin Gharst, Trina Irwin-Weir, Stephanie Lynn, Rhonda DeWald, Pamela Haywood, Lynette Lovell, Linnea Hodge, Kristin Stewart, Tonya Taylor, Gretchen Clark, Diane Chawinski, Lindsay Schroeder

**Welcome/Introductions:**  Cheryl Ledbetter welcomed everyone to the meeting and introductions were made.

**Approval of February 2nd Meeting Minutes:** Lynette Lovell made a motion to approve last month’s meeting minutes and Michele Plunk seconded it. All aye.

**Updates:**

* **Clinical Committee Group -**  Narrowed down to two goals, first being reducing stress and strain of caregivers for birth to 5 year old and the professionals serving them. Second would be connecting families with young children and professionals to resources that are trauma informed. Domestic Violence workgroup, Trauma training series workgroup, Law enforcement training workgroup, and CARE training workgroup please feel free to reach out to Matt Buckman if interested in participating.
* **Eval Workgroup** – Next meeting with the Tri West team is March 24, 2021 from 1-2:30 p.m. If anyone is interested in attending this meeting please let Stacia know. Currently have 20 enrolled out of the 100 we are hoping to have enrolled.
* **Friend of MHINDS** – Moving to try to do the Teen Mental Health First Aid which will prepare teens to spot the signs and symptoms of mental illness and substance use in their peers. Helps them know what to do when this happens. Focusing on Harrisburg 10th grade at this time.
* **PACE –** Hoping to have March meeting in person. March topic is Positive Family Communication. Will have flyer out once we find out if we will be able to have in person. Child care will be available.
* **Young Adult Center (YAC)** – Looking for space to rent for the YAC, mainly Harrisburg area for now based off the data. Have narrowed down to a possible space. Looking for housing for Peer Support Specialist, have been in contact with a couple of colleges.
* **CQI (Quarterly)** – Would like to get information from everyone on transition aged youth. If you could fill out the form that is going to be included in this month’s LAN e-mail.
* **IL HEALS –** Self Care Guide has been sent out. Currently working on a Spring Self Care Guide. If anyone has any suggestions for that please contact Elaina Cullers or Taylor Holmes. Resource team meetings are still going on and going well.

**Presentation:** Kristin Gharst, Southern Region Coordinator for Community and Residential Services Authority. Started in 1985 by state legislature. Board meets bi-monthly. Has a Facebook Page you can look up, CRSA Community and Residential Services Authority.

**Roundtable:**

* Cheryl Ledbetter with Headstart, Early Headstart Program, home based children are still receiving drop off packets and virtual visits from home visitors. Centers are gearing up to start back up on Monday, March 8 at reduced attendance, half capacity, with a Monday and Wednesday group and a Tuesday and Thursday group. Centers located in Albion, Harrisburg, and McLeansboro.
* Jessica Palazzolo with **Lincoln Prairie**, psychiatric facility for kids, ages 3-17, for in patient care. IOP, Intensive Out Patient program, is a supplement service for kids 12-17. Typically, 3-4 hours via zoom, 4-5 week program.
* Parent Café started at Stress and Trauma Treatment Center is for caregivers of children birth to 18 from 5-6. Child care and dinner is offered. First meeting went really well.
* Alyssa Oglesby with **NFP** (Nurse Family Partnership) is looking for first time pregnant moms, starting before 29th week of pregnancy and continues until the child turns 2. Nurses help with parenting skills, depression screenings on mom, and developmental screenings on babies. Taking referrals, if you have any first-time pregnant moms please reach out to her.
* Lee Hughes, Coordinator for Southern IL Resilience Program, working with Jackson, Franklin and Saline Counties. Designed to serve under served youth and families for children who have experienced multiple victimizations. Trying to meet as many needs as possible in the home.
* Robin Johnston with IL Nutrition and Education program, has classes going on.
* Trina with CASA Saline County is looking for volunteers for abused and neglected children. Now has online training. Hoping to have inn person class on March 16th. Hoping to have trivia at Legion this year on April 3rd at 6. There will also be a virtual component.
* LAN website will be moving to [www.localareanetwork2.org](http://www.localareanetwork2.org). Also, a Facebook page coming soon.
* If anyone has any flyers or information that you would like to have sent out in the LAN e-mail announcement please send that to Katie Karns at kkarns@egyptian.org by the third Monday of the month. Also, if you would like to present in a LAN meeting you can contact Katie for that as well.

A motion to adjourn the meeting was made by Matt Buckman and seconded by Kristin Gharst . All aye.

\*\*\*The next meeting is scheduled for April 6, 2021.\*\*\*