

LOCAL AREA NETWORK 2

Date: April 7, 2026

Attendance:

Krystle Yarber, Jessica Palazzolo, Misty Eftink, Rachel Watson, Denise Bourland, Sue Thom, Vicki Rose, Linnea Hodge, Tracy Adams, Halie Ragan, Lynn Penrod, Mel Dotson, Alissa Miller, Shae Davidson, Sheryl Woodham, Mikaila Moore, Julie Beal, Stacia Penrod, Cynthia Henley, Micah Dodd

Approval of Date Meeting Minutes:

Stacia Penrod made motion to approve last month's meeting minute and Micah Dodd seconded it. All Aye.

Upcoming Community Events/Trainings/Flyers:

- **Shae Davidson - Survivor Empowerment**
 - Prevention Specialist are in Herrin with students on Wednesday, Thursday & Friday discussing Aarons law, boundaries & personal safety
 - Library readings with DV program
 - Readjusting annual schedule and doing "Take out the Night & Clothesline project"

- **Alissa Miller – YouthCare**
 - Trainings that we have are for foster parents that are going through the foster parenting process or current foster parents.
 - DCFS training website
 - Several Trauma Focused Trainings
 - Can do an overview of Youth Care & benefits if anyone wants to know the information.

- **Rachel Watson – WADI – Flyer below**
 - WADI HeadStart
 - Currently have openings
 - Serves Pregnant moms to children age 3
 - Work with child in the home

- **Tracy Adams – Birth to 5**
 - **Parent Café – Flyer below**
 - April 25th @ 9-11a
 - All online, support for parents
 - **Family Raising Family**
 - coming up in July

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- **CONGRATULATIONS Tracy Adams** for winning the Raffle basket for Child Abuse Prevention Month!

- **Sheryl Woodham - The Guardian Center – Flyer below**
 - **Child Abuse Prevention Day**
 - April 10th – Wear Blue
 - **Blue Sunday** – Last Sunday in April
 - This day encourages churches and individuals to pray for abused children, survivors, and protectors.

- **Sue Thom- Southern IL Center for Independent Living – Flyer Below**
 - **SICIL Harrisburg Outreach event**
 - April 30, 2026, from 1:00–3:00 p.m. at Timber Trails Apartments (behind Kroger).
 - The event is open to the public, with a focus on residents with disabilities. Activities will include games, light refreshments, a meet-and-greet, and free clothing items.
 - **Personal Care Assistant Training**
 - April 30, 2026 from 1-3p, 32 Veterans Drive, Harrisburg, IL 62946

- **Stacia Penrod – Egyptian Health Dept.**
 - **Hands around the Courthouse**
 - Saline Co April 21st @ 12p
 - Gallatin Co. April 23rd @ 12p
 - **Triple P Parenting Class**
 - Starts April 20-May 18 for 5 weeks
 - 9-11am on Mondays via Zoom
 - If interested please contact Krystle Yarber @ kyarber@egyptian.org or 618-273-3326 Ext: 2030
 - **Mental Health Awareness Month**
 - Instead of doing a MH block party like we generally do, this year we are going to switch it up and do a Mental Health Awareness Campaign. Send letter out to businesses' & Schools. (New life, New Growth) If you would like to add to this please let Stacia know.
 - **Intensive Outpatient Program (IOP) – Flyer below**
 - Sharing as a resource for external clients. 3-week program, if you have clients in need, please send Brittany Watson a referral or contact her 618-273-3326 Ext: 2181
 - **YMH First Aid Training**

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- If you have any family, friends or anyone in the community who would like to do a YMH first aid training, please let Stacia Penrod know. Currently do not have a date. Once we get information will let you all know!
- **Jessica Palazzolo – Lincoln Prairie**
 - **SAFE – Wear blue or Teal**
 - **These are walks that Jessica is personally connected with.**
 - **Mount Vernon (April 10):** A walk is scheduled for Friday, April 10, 2026, at 10 a.m. at The Commons downtown park in Mount Vernon.
 - **Carlyle (April 10):** Clinton County Walk is scheduled for Friday, April 10, 2026, at 1:00 p.m. at the Clinton County Courthouse (850 Fairfax Street)
 - **Centralia (April 14):** The Centralia Child Abuse Prevention Walk is scheduled for Tuesday, April 14, 2026, at 12:00 p.m. at Bell Tower Park (114 N Elm St)
 - **Salem (April 29):** Wednesday, April 29, 2026, at 12:00 PM, Marion County Courthouse (100 E Main St)
 - **SPARK Prevention Picnic**
 - Saturday, April 11, from 10-12p @ Fairview Park, Centralia, IL
 - **Effective Engagement: The Key to Building Resilience in Youth & Families**
 - April 7, 2026 @ 10am
 - <https://lp.constantcontactpages.com/ev/reg/x7wsja2>
 - Do not have any trainings at the moment for the Month of May or June. Once we get them, will send out to Krystle to share!

Goals/Needs:

- In-Person Meeting for Fall 2026 – Will revisit in September to plan one in October

Presentation:

- Sheryl Woodham, Mikaila Moore & Julie Beal – Guardian Center

Presentation for Next Month

- Alissa Miller – IL YouthCare & Benefits

If you would like to do a presentation, please contact Krystle Yarber @ kyarber@egyptian.org

Adjournment:

Stacia Penrod Motioned to adjourn. All Ayed!

****To view the meeting minutes please go to <https://www.localareanetwork2.org/> ****

Our next monthly meeting will be May 5, 2026 @ 9:00am

***The ZOOM link is provided below. ***

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Date: April 7, 2026

Join Zoom Meeting

<https://us02web.zoom.us/j/6018470310>

Meeting ID: 601 847 0310

Password: 04032629

One tap mobile

+13126266799,,6018470310#,,1#,04032629# US (Chicago)

+13017158592,,6018470310#,,1#,04032629# US (Germantown)

Dial by your location

+1 312 626 6799 US (Chicago)

+1 301 715 8592 US (Germantown)

+1 646 558 8656 US (New York)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

Meeting ID: 601 847 0310

Password: 04032629

Find your local number: <https://us02web.zoom.us/u/keAH054lh2>

*** If anyone has any flyers or information that you would like to have sent out in the LAN e-mail announcement or would like to present, please send them to Krystle Yarber at kyarber@egyptian.org by the third Monday of the month. ***

Minutes by Krystle Yarber

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1124 Oak St
Carmi, Illinois 62821
618-382-8247
Fax (618) 384-2407

The Guardian Center, Inc.

- ☆ 501(c)(3) nonprofit child advocacy center
- ☆ designed to address the problem of child abuse in a child-sensitive manner
- ☆ began providing services in May 1999
- ☆ serve Edwards, Gallatin, Saline, Wabash, White, Richland, Lawrence and Crawford Counties

Who Do We Serve?

Any child under the age of 18 who is reported as sexually or physically abused in Edwards, Gallatin, Saline, Wabash, White, Richland, Lawrence or Crawford Counties All services are free of charge, confidential and voluntary. All case must be referred by Law enforcement or DCFS.

What can an advocate do to help children & families?

Advocate Caseworkers work to ease the trauma experienced by both children & families when abuse is disclosed. Advocates at The Guardian Center, Inc. are trained professionals who have experience working with children & families. Advocates from The Guardian Center, Inc. can:

- ☆ provide referrals to counseling & other services needed
- ☆ provide transportation to counseling, doctor's appointments, legal hearings, etc. as related to the abuse case
- ☆ keep the family updated on the investigation & prosecution of alleged perpetrators
- ☆ prepare the child & family for court proceedings
- ☆ meet with a team of professionals to discuss the case & provide information that might assist in the completion of the case
- ☆ most importantly, be a support to the child & family from disclosure, through investigation and prosecution, & following as needed by the family

Current Programs & Services

- ☆ Child Sensitive Interviewing Site
 - located in our offices
 - created to be comfortable for children
- ☆ Advocacy Program
 - primary means of providing supportive services to children and families
 - each child assigned an advocate
- ☆ Multidisciplinary Teams
 - State's Attorneys, Law Enforcement, DCFS, Mental Health, Medical Providers, & Advocates meeting to prevent children from "falling through the cracks"
- ☆ Specialized Medical Examinations
 - Trained medical professionals providing forensic medical exams in child friendly manner
 - Exams conveniently located for families
 - Member of the Children's Medical Resource Network
- ☆ Community Outreach
 - training for professionals, organizations & concerned communities
 - sexual abuse prevention programs for school age children

Satellite offices

Saline County

2 Locust St, Harrisburg, IL

Wabash County

2632 N Cherry St, Mt Carmel, IL

Crawford County

602 W Highland Ave, Robinson, IL

www.theguardiancenter.org

We do not do custody cases or give legal advice.

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Be Strong Families Parent Café

**“What is on the grill this summer?”
Serving up Parent
Support & Building
Strong Relationships**

Connect, share, and learn from other parents and caregivers in a safe and supportive environment.

Join our virtual Café to discuss challenges, celebrate successes, and develop strategies for keeping families strong.

**Saturday, April 25
9:00am – 11:00am**

Registration is required at bit.ly/Parentscafe or by scanning the QR code.

Contact us with any questions:
Maria Pizano at mpizano@birthtofiveil.com
Tracy Adams at tadams@birthtofiveil.com



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HANDS AROUND THE COURTHOUSE

for Child Abuse Prevention

April is Child Abuse Prevention Month

Join CASA of Southeastern Illinois, Egyptian Health
Department, Stress & Trauma Treatment Center, Prevent
Child Abuse IL, the Guardian Center & Southern Illinois
Resource and Advocacy Center.



SALINE COUNTY



*Saline County
Courthouse @ 12
April 21, 2026*



GALLATIN COUNTY



*Gallatin County
Courthouse @ 12
April 23, 2026*



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HEAD START

Serving Edwards, Gallatin, Hamilton, Saline, Wabash, Wayne and White Counties

Homebase option for pregnant women and children ages birth to 5 years old. Center base option for 3-5 year old children

Monday-Thursday 8:00am-3:00pm. Transportation is provided.

Services include:

- Family Fun Events
- Field Trips
- Dental Checks
- Parent Cafes
- Health Services
- Individualized Teaching
- Vision & Hearing Checks
- Developmental Screenings
- and Much More!!



FREE PROGRAM



CONTACT WADI

Hamilton & White Counties:
Call: 618-643-2161 Text: 618-262-3362

Saline & Gallatin Counties:
Call: 618-252-2680 Text: 618-262-3709

wadi-inc.com

Edwards & Wabash Counties:
Call: 618-445-2379 Text: 618-262-6709

Wayne County (Homebase Only):
Call: 618-842-2962 Text: 618-407-2603

LOCAL AREA NETWORK 2

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For youth ages 12–17 experiencing crisis

- Meets Mon, Tues & Wed, 1:00–4:00 PM
- Three-week program

Benefits:

- Avoid unnecessary hospitalization
- Stay connected to home, school, and community
- Build emotional regulation skills to manage stress
- Connect with peers in a supportive setting
- Create a personalized safety plan
- Set future goals for success
- Families have access to medication management through our provider

Program Focus

- Emotional support & wellness
- Practical coping and regulation skills
- Peer connection & acceptance
- Building resilience for the future

Youth ages 12–17 in crisis
Referred directly from our
agency's 24/7 crisis team



CONTACT US

618.273.3326 ext 2181 brittany.watson@egyptian.org

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iHUB News!

April Bucket List

Upcoming Events:

- Easter Egg Hunt, Eldorado Public Library-** April 2nd from 5:30pm
- Easter Egg Hunt, White County Rehab and Nursing-** April 3rd from 9am
- Community Easter Egg Hunt, Eldorado Rehab and Healthcare-** April 3rd from 2:00pm
- Easter Egg Hunt, American Leagion-** April 3rd from 5:30pm
- Family Dance Party, Harrisburg District Library-** April 3rd from 10am
- Elks Easter Egg Hunt, Lake McLeansboro, Weinman Pavilion-** April 4th from 10:30am
- Easter Egg Hunt, Carrier Mills Nursing Home-** April 4th from 2pm
- East Egg Hunt, Crossville Tiger Park-** April 4th from 11am
- Easter Egg Hunt, Equality Cardinal Park-** April 4th from 11am
- Egg Hunt, Wayne City Park-** April 4th from 10am
- East Egg Hunt, Harrisburg Masonic Lodge-** April 4th at 10am
- Free Laundry Day, Southern Illinois Laundry, Harrisburg-** April 13th from 2-6pm
- Spring Fling, Norris City Library-** April 23rd from 3-6pm
- Family Movie Night, Eldorado Public Library-** April 24th from 5pm

Celebrate Easter. Easter is just around the corner! Gather your friends and family for a special brunch, decorate eggs with your kids, or host an Easter egg hunt.

Swap your winter clothes for your spring clothes. 'Tis the season to swap out your sweaters for your sundresses! This is the perfect time to go through your wardrobe, then donate unused items and store heavier items until next fall.

Hold a garage sale. Are your closets bursting? Hosting a garage sale is the perfect way to make a little extra money, while turning your neglected clothes, books, furniture and other household items into someone else's treasure.

Celebrate Earth Day. April 22nd is Earth Day, and it's marked by over a billion people every year! Try making a few small, sustainable changes to your daily habits (such as choosing reusable containers instead of single use plastics, switching to LED lightbulbs, and starting a compost pile) that will add up over time.

Go for a picnic. Head outside on that first warm, sunny day for a relaxed picnic. Keep it easy by picking up snacks and drinks at the grocery store, or go all out and make a feast from scratch

Spend a day spring cleaning. There's nothing like that fresh, clean feeling that spring brings! So, open your windows to let in some fresh air, then spend a day or two deep cleaning all those areas you usually miss.

Take a long walk or go for a hike. Make the most of the warming weather by taking a long walk or by hiking a favorite trail (or somewhere new). It's the perfect way to soak up the sun and relax at the same time!

iHUB 618-518-4482
villageinck@egyptian.org

SCAN
ME



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WHAT IS SICIL?

The Southern Illinois Center for Independent Living (SICIL) is a community based, non-profit organization that is staffed by several people with disabilities and also serves individuals with disabilities.

SICIL operates according to a strict philosophy of consumer control, wherein people with various types of disabilities directly govern and plan how our agency assists persons with disabilities.

Personal Assistant Training

- Training provided to caring individuals to assist people with disabilities with activities of daily living
- Flexible work hours
- Earn \$19.50 an hour
- Training and Certification provided free of charge

Thursday, April 28, 2026

In-Person @

Southern IL Center for Independent Living

32 Veterans Drive

Harrisburg, IL 62946

1:00 pm - 3:00 pm

(Please provide references)

Offered in person or

Call to schedule

For more information call Sue Thom at (618) 252-7233

Training does not guarantee employment

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LAN PRESENTATIONS 2026

MONTH	TOPIC	PRESENTER	CONTACT INFORMATION
JANUARY	SIRAC	Megan Ragan	mragan@siresources.org
FEBRUARY	No presenter	No presenter	No presenter
MARCH	No presenter	No presenter	No presenter
APRIL	Guardian Center	Sheryl Woodham Mikaila Moore Julie Beal	swoodham@theguardiancenter.org mmore@theguardiancenter.org jbeal@theguardiancenter.org
MAY	IL YouthCare & Benefits	Alissa Miller	alissa.miller@mhplan.com
JUNE			
JULY			
AUGUST			
SEPTEMBER			
OCTOBER			
NOVEMBER			
DECEMBER			

